

EFFECTS OF COENZYME Q10 ON SPERM VIABILITY DURING STORAGE OF BOAR SEMEN AT 17°C

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Abstract

Currently, there is a growing interest on cryopreservation of boar semen even if the sperm membrane of swine shows high sensibility to this process. Previous studies have shown that the cryoconservation has an oxidative degradation effect, associated with the production of reactive oxygen species (ROS). ROS cause lipid peroxidation in sperm membranes and a variety of physical and chemical changes of sperm cells that predispose to DNA damage and apoptosis. The only alternative to counteract the effects of ROS is the addition of various antioxidants in lipid storage extenders. Starting from this premise, this work investigates Coenzyme Q10 effects on the viability of preserved boar semen during liquid storage. Semen was randomly divided into 5 groups and treated with different concentration of Coenzyme Q10 and storage at 17°C for 5 days. The viability of semen was evaluated every day, using flow cytometer FACSCanto II (BD Biocincias) systems. The samples for FACS were labeled with Hoechst 33342, fluorescein-isothiocyanate conjugated with peanut agglutinin and propidium iodide. These experiments indicate that supplementation of Coenzyme Q10 to the semen extender can increase the sperm characteristics and prolong the survival of liquid storage semen, which may have potential benefits in reproductive biotechnology field.

Key words: *Boar Semen, Coenzima Q10, viability, flow cytometry.*

INTRODUCTION

Artificial insemination (AI) is an important biotechnology widely used in swine breeding programs, playing a key role in improving productivity (Bailey et al., 2008;). Ideally, in terms of biosecurity, international trade, for a better distribution of genetic material of high semen quality and for minimizes boar transportation, AI should be performed with semen extended in the liquid state and storage for 1 to 5 days at 15-20 °C (Johnson et al., 2000, David Martin-Hidalgo et al., 2013). In order to preserve sperm cells for a few days, their metabolic activity should be reduced by lowering the temperature of semen dilution (Waberski et al., 2011).

Previous studies have revealed that swine sperm membrane shown a high sensibility to low temperatures. This is due to the high content of polyunsaturated fatty acids (PUFAs) (Awda et al., 2009; Waterhouse et

al., 2004), as well as a lack of significant protective enzymes (antioxidants) in the seminal plasma. Also, lowering the temperature has a powerful oxidative effect, associated with production of reactive oxygen species (ROS) and lipid peroxidation in sperm membranes (Umut et al., 2014). When ROS are produced excessively, they may display a variety of physical and chemical changes of the sperm cells, which predispose at damaging effects on sperm motility (Kao et al., 2008), plasma membrane integrity (Alvarez et al., 1992), DNA integrity (Kadirvel et al., 2009; Waberski et al., 2011) and fertilizing capability (Kasimanickam et al., 2007). The only alternative to counteract the harmful effects of SRO is the addition of antioxidants in liquid storage extenders (Grossfeld, 2008; Bathgate, 2011). Antioxidants are the main defense factors against oxidative stress induced by SRO by accepting or donating an electron to eliminate the unpaired condition (Agarwal et al., 2005).

Coenzyme Q10 (CoQ₁₀) is lipid-soluble molecule found in mitochondrial membrane of every mammal cells, having an important role in the synthesis of adenosine triphosphate (ATP) (Gürkan et al., 2005; Begum et al., 2009). Also, the recent studies have revealed that the deficiency in CoQ₁₀ may be the cause of asthenozoospermia in some male (Lewin et al., 2007), and incubation of sperm cells with CoQ₁₀ will improve the pattern of bull sperm cells motility (Ibrahim et al., 2011; Thakur et al., 2013).

MATERIALS AND METHODS

Sperm-rich ejaculate fractions (SERFs) were collected from 5 sexually mature and healthy boars (1-3 years of age) by using the gloved-hand method (2 ejaculates for each boar). After sperm collection, the SERFs were extended in Beltsville Thawing Solution (BTS) (1:1, v/v) and evaluated for microscopically semen characteristics. After the evaluation, were selected only the SERFs containing more than 250x10⁶ sperm/mL, 80% sperm with normal morphology and 70% motile, and dispensed into 50 ml plastic tubes, cooled to 17-18°C, packed in insulated containers and transported to the laboratory.

At the laboratory the SERFs were diluted BTS in 2 ml Eppendorf tube at a final concentration of 25x10⁶ sperm/mL and subsequently analyzed (day 0). After that, semen samples were treated without or with different concentration of CoQ₁₀ (3 µM, 6 µM, 8 µM, 1 mM) and preserved at 17°C for 5 days. Sperm viability as well as acrosomal membrane integrity was analyzed with flow cytometry at days 0, 1, 3, and 5 of preservation.

The sperm viability and acrosome membrane integrity was assessed after staining the sperm with Hoechst 33342 (H-42) as DNA marker, fluorescein-isothiocyanate conjugated with peanut agglutinin (FITC- PNA) as marker for acrosome status, and Propidium Iodide (PI) as viability marker.

Aliquots of 75 µL of each semen sample (1,5x10⁶ spermatozoa/mL) were incubated for 10 minutes at 37°C in the dark (according to the method described by Martinez-Alborcia et al., 2012) with 4 µl H-42 (0.05 mg/ml in PBS), 2 µl PI (PI, 0.5 mg/ml in PBS, Molecular Probes Europe BV, Leiden, The Netherlands) and 4 µl PNA-FITC (200 µg/ml in PBS). Just before flow cytometry analysis, 400 µL of PBS was added to each sample. Spermatozoa cells were analyzed and the percentage of live with damaged or reacted acrosome and death sperm was recorded.

To evaluate sperm viability and acrosomal integrity was used a FACSCanto II (BD Biociencias) flow cytometer and the digital data were processed by BD FACSDiva software. Samples analyzed by FACS were excited by an Argon-ion laser of 488 nm, and the fluorescence spectra of PNA-FITC and PI were detected by a 670 nm LA filter respectively by a 530/30 nm BP filter. A total 10.000 of gated events were collected per sample with a sample running rate of 100-800 events/sec. Fluorescence data were collected in the logarithmic way.

Statistical analyses were performed using SPSS software, version 12.0.1, with Post-hoc test to corroborate statistical significance, p-values of <0.05 was considered as statistically significant. The differences between the viability of groups of sperm storage with different concentration of CoQ₁₀ were compared and results were expressed as mean ± SEM

RESULTS AND DISCUSSIONS

In the present study, the sperm cells analyzed with FACSCanto II flow cytometer were characterized into four categories (Figure no.1): (1): live sperm cells with intact acrosome (PI-/FITC- PNA-); (2): sperm cells with intact plasma membrane and acrosome damage (PI-/ FITC-PNA +); (3): sperm cells with damaged intact plasma membrane and acrosome intact (PI + / FITC- PNA-); (4): dead sperm cells with acrosome damage.

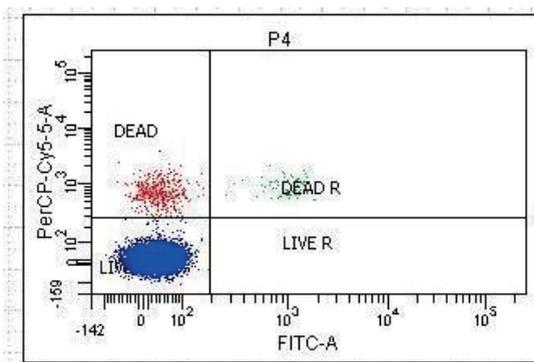


Figure no.1. Flow cytometry histogram

The mean values for sperm viability before and after liquid storage at the 17°C from the all boars used in this study are summarized in Table no. 1. All of the SERFs had a good sperm quantity and quality before storage, with more than 250×10^6 sperm/mL, 80% sperm with normal morphology, 75% viable sperm cells and 70% motile.

For semen stored at 17 ° C only with BTS, research has shown that sperm maintain a viability up to $70.87\% \pm 1.78$ after 5 days of storage, the percentage of membrane degradation acrosomal, in this case, being $7.3 \pm 1.2\%$.

The results reported for the storage of semen with the addition of $3 \mu\text{M}$ and $6 \mu\text{M}$ CoQ10, both for assessing the viability and integrity acrosomal are not significant between the 2 treatments applied there not being noticed as a clear improvement of these parameters.

Significant differences appear when stored semen with the addition of $8 \mu\text{M}$ and 1mM CoQ10. In this case, after 5 days of storage,

the values obtained. In the evaluation of the viability of $79.89 \pm 3.76\%$ and $82.24 \pm 3.56\%$ of that had been read, with only $4.1 \pm 0.4\%$ and $4.0 \pm 0.5\%$ acrosomal degraded sperm membrane.

The only scientific data linking coenzyme Q reproductive apply to the human, canine and bull species. The action of various concentration of CoQ10 on bull semen motility, show that the CoQ10 has a beneficial effect and improve the sperm movement, making it an ideal antioxidant for incubation of the sperm prior to may be as an ideal antioxidant for storage of the semen prior to assisted reproductive technology (Ibrahim et al., 2011).

Several researchers demonstrated that, in patients with a proven interfil, prolonged treatment with 2, 3 or even 6 months with coenzyme Q administered orally at a dose of 300mg, improved semen parameters. Also, Lewin and Lavon showed that in vitro incubation of high concentrations of CoQ semen samples asthenospermic can significantly increase their motility and in vivo administration of CoQ can have positive effects in terms of fertilization networks in patients with low rates of fertilization after intracytoplasmic sperm ICSI infection. As regards the frozen semen CoQ use by dogs, Neagu (2011), have shown that this substance has the ability to improve the post-thaw motility progressively. But in this case, the results are influenced by individual factors and must be linked to both the values of membrane integrity, mitochondrial potential and degree of lipid peroxidation.

Table no. 1. Spermatozoa viability and the integrity of acrosome after addition of different CoQ₁₀ concentrations to boar semen doses preserved at 17°C for 7 days

	Cell viability (PI-/FITC-PNA-)*				Acrosome integrity (PI-/FITC-PNA+)*			
	Day 0	Day 1	Day 3	Day 5	Day 0	Day 1	Day 3	Day 5
BTS	88.44±1.03	87.38±3.40	74.00±1.63	65.87±1.78	3.4±0.6	3.9±0.8	5.1±0.5	7.3±1.2
CoQ₁₀ 3µM		88.49±2.56	78.65±2.15	74.21±1.26		3.6±0.5	3.9±0.3	4.2±0.2
CoQ₁₀ 6µM		88.67±1.68	85.47±3.56	76.65±1.65		3.5±0.8	3.4±0.4	4.0±0.6
CoQ₁₀ 8µM		87.94±2.56	84.12±2.94	77.89±3.76		3.5±0.5	3.4±0.2	4.1±0.4
CoQ₁₀ 1mM		88.23±1.69	85.57±1.26	80.24±3.56		3.4±0.2	3.5±0.6	4.0±0.5

*Boar seminal doses were preserved at 17°C during 5 days in BTS in absence or presence of different concentrations of CoQ₁₀ (3 µM, 6 µM, 8 µM and 1 mM). Percentages of spermatozoa cell viability and spermatozoa acrosomal integrity were measured by flow cytometry as described in Materials and Methods. Results are expressed as mean ± standard error of the mean (SEM).

CONCLUSIONS

Although, little is known about the mechanism by which CoQ₁₀ influences the viability of sperm cells, we can say that it can be a great antioxidant for sperm preservation prior to AI. The storage of boar semen in the presence of different concentrations of CoQ₁₀ (3 µM, 6 µM, 8 µM and 1 mM) had a positive effect on the percentage of viable sperm and of acrosomal integrity, compared with BTS alone at any storage time or doses. But only the highest doses of CoQ₁₀ used (8 µM and 1 mM) caused a statistically significant increase in the percentages of cell viability and acrosomal integrity on day 3 and 7. However, there is a big interest in what extent would be affected the sperm if the storage time are raised above 7 days, and the concentrations of CoQ₁₀ over the 1 mM. This could be determined through further research.

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